

# **Phantom Regiment Camp Packing List**

## **Sleeping Gear**

Foam pad, twin size air mattress, or cot  
Sheets, blankets, or sleeping bag  
Pillow  
Eye mask  
Ear plugs/AirPods  
Extension cords (they help you make friends!)

## **Equipment**

Water jug  
Instrument and case  
Rehearsal bag\*  
Fanny pack\*\*

## **Rehearsal bag**

Lip care (chopsaver)  
Pain meds (Ibuprofen, Advil, or Tylenol)  
KT tape/Braces  
Vitamin E capsules  
Extra pencils  
Music binder (with audition packet and show music once we get it)  
Deodorant

## **Fanny Pack (usually only needed for later camps)**

Pencils  
Lip care  
Dot book (small notepad)

## **Clothes**

3-4 White shirts (bring your audition shirt if you got one at camp)  
2-3 Athletic shorts  
1-2 Leggings/sweatpants  
Athletic shoes  
4-5 Pairs of socks  
3-4 Sports bras  
3-4 Pairs of underwear  
Cold weather jacket  
Hoodies (to sleep/chill in)  
Pajama pants (sweatpants/warm bottoms)

**Toiletries**

Shampoo and conditioner

Body wash and soap

Deodorant

Toothbrush

Toothpaste

Floss/Mouthwash

Hair ties

Razor

Lotion

Towel

Shower shoes

Feminine products

Brush

\*Camps will be mostly indoors so don't worry too much about being out in the sun. It will be cold, so pack accordingly. Camps also only last 3 days, it's very easy to overpack so keep in mind is it only a weekend long :)